

Cumming LC 2019 Practice Schedule

GROUP		MON Dryland		TUES Dryland	WED Dryland		THUR Dryland	FRI Dryland		SAT Dryland	
national	am	6:00-8:00	8:00-8:45	6:00-8:00	6:00-8:00	8:00-8:45	6:00-8:00	6:00-8:00	8:00-8:45	8:00-10:00	10:00-10:45
	pm	2:30-4:30			2:30-4:30			2:30-4:00			
senior	am	6:00-8:00	8-8:45	6:00-8:00	6:00-8:00	8-8:45	6:00-8:00	6:00-8:00		8:00-10:00	10:00-10:45
	pm	2:30-4:30			2:30-4:30						
senior 2		6:00-8:00 am			6:00-8:00 am			6:00-8:00 am		8:00-10:00 am	
HS		3:00-4:15 pm			3:00-4:15 pm			3:00-4:15 pm		off	
sectionals adv	am	6:30-8:00			6:30-8:00					8:00-10:00 am	
	pm	3:00-4:30	4:30-5:15	2:30-4:30	3:00-4:30	4:30-5:15	12:30-2:00	2:30-4:00			
sectionals		3:00-4:30	4:30-5:15	2:30-4:30	3:00-4:30	4:30-5:15	12:30-2:00	2:30-4:00		8:00-10:00 am	
gold adv		12:45-2:15	2:15-2:45	1:00-2:30	12:45-2:15	2:15-2:45	11:00-12:00	1:00-2:30		off	
gold		1:00-2:15	2:15-2:45	1:00-2:30	1:00-2:15	2:15-2:45	off	1:00-2:30		off	
silver adv early		12:15-1:15			12:15-1:15			12:00-1:00		off	
silver early		12:15-1:00			12:15-1:00			12:00-12:45		off	
silver adv late				12:00-1:00			12-1:00	12:00-1:00		off	
silver late				12:00-12:45			12-12:45	12:00-12:45		off	
intro 2					12:45-1:30						
intro 3		12:45-1:30									
intro 4					12:45-1:30						
intro II 1		12:45-1:30			12:45-1:30						
intro II 2		12:45-1:30			12:45-1:30						
intro II 3		12:45-1:30			12:45-1:30						
intro II 4		12:45-1:30			12:45-1:30						
tech&fit 1				1:00-2:00							
tech&fit 2							1:00-2:00				
tech&fit league 1				1:00-2:00			1:00-2:00				
tech&fit league 2				1:00-2:00			1:00-2:00				