

2019-2020 SC Schedule - Cherokee

Chattahoochee Gold 2019-2020			Yearly track	Monthly track
Groups	Schedule		Regular	Regular
Intro to Gold II (twice a week)	T/Th	6:00-6:45p	Not Applicable	\$100
Technique & Fitness league	T/Th	6:45-7:45p	Not Applicable	\$110
Silver	M/W F	5:30-6:45** 6:00-6:45p	\$145	\$195
Silver Advanced	M/W F Sat	5:30-6:45p** 6:00-6:45p 9:15-10:00a	\$165	\$215
Gold	M/W/F Sat	6:15-8:00p** 8:00-9:15a	\$210	\$255
* Last 30 mins dry-land ** First 30 mins dry-land training				