

2019-2020 SC Schedule - Mountain View

Chattahoochee Gold 2019-2020			Yearly Track	Monthly Track
Groups	Schedule			
Intro to Gold (1)	M	3:30-4:15p	Not Applicable	\$70
Intro to Gold (2)	W	4:15-5:00p	Not Applicable	\$70
Intro to Gold II (1)	T/Th	3:30-4:15p	Not Applicable	\$100
Intro to Gold II (2)	W/F	3:30-4:15p	Not Applicable	\$100
Technique & Fitness (1)	W	4:15-5:30p *	Not Applicable	\$95
Technique & Fitness (2)	W	5:00-6:15p *	Not Applicable	\$95
Technique & Fitness (3)	W	5:45-7:00p *	Not Applicable	\$95
Technique & Fitness (4)	W	6:30-7:45p *	Not Applicable	\$95
Technique & Fitness league	M/W	6:30-7:45p *	Not Applicable	\$120
Silver	T/Th F	3:30-4:45p * 3:15-4:45p *	\$145	\$195
Silver Advanced	M/W/F	3:15-4:45p *	\$165	\$215
Gold	T W Th F	5:30-7:30p ^^ 5:00-6:30p 5:30-7:30p ^^ 5:30-7:30p **	\$210	\$255
Gold Advanced	M T W Th F Sat	5:30-6:15p # 5:30-7:30p ^^ 5:00-6:30p 5:30-7:30p ^^ 5:30-7:30p ** 8:00-10:00a	\$220	\$275
Sectionals	M/T/Th W F Sat	7:00-9:00p ** 7:30-9:00p 5:30-7:30p ** 10:00-12:00p	\$235	\$285
Sectionals Advanced	M T/Th W F Sat	6:30-9:00p ^^ 6:45-9:00p ^^ 7:15-9:00p 6:00-8:00a 9:00-12:00p (1st hour dry)	\$245	\$305
High school	M/T/Th	5:45-7:30p ^^	Not Applicable	\$160
Senior	M T W Th F Sat	5:30-6:50a / 4:15-7:05p ^ 4:15-7:05p ^ 5:30-6:50a 4:15-7:05p ^ 4:15-6:00p 8:00-11:00a (last hour dry)	\$260	\$320
National	M T W Th F Sat	5:30-6:50a / 4:15-7:05p ^ 4:15-7:05p ^ 5:30-6:50a 4:15-7:05p ^ 5:30-6:50a / 4:15-7:05p 8:00-10:00a / 1:30-3:30p (@WS)	\$290	Not Applicable
* Last 30 mins dry-land ** First 30 mins dry-land ^ Last 45 min dry-land ^^ First 45 min dry-land # All dry-land practice @ MV				