

Chattahoochee Gold 2019- 2020 *Woodstock Pool*			Yearly track	Monthly track
Groups	Schedule		Regular	Fees
Intro to Gold (1)	F	4:00-4:45p	Not Applicable	\$70
Intro to Gold II (1) Intro to Gold II (2)	M & W T & Th	3:30-4:15p 3:30-4:15p	Not Applicable	\$100
Technique & Fitness (1)	F	4:45-5:45p	Not Applicable	\$85
Technique & Fitness League (1) Older Swimmers	T & F	6:15-7:15p 4:45-5:45p	Not Applicable	\$110
Technique & Fitness League (2) Technique & Fitness League (3)	M & W T & Th	4:15-5:15p 4:15-5:15p	Not Applicable	\$110
Home School	M - Th	2:15-3:30p	Not Applicable	\$90
Silver	M/W/Th	3:30-4:15p	\$145	\$195
Silver Advanced	M/W T F	3:30-4:30p 3:30-4:15p 4:00-5:00p	\$165	\$215
Gold and Gold II	M & W T & TH F	6:15-7:30p 6:15-7:15p 5:30-6:30p	\$210	\$255
Gold Advanced	M & W T & Th Sat	6:00-7:30p 5:45-7:15p 8:00-9:45p	\$220	\$275
Sectionals	M & W T & Th F Sat	7:30-9:00p 7:15-8:45p 6:30-8:30p 10:30-12:30p	\$235	\$285
Sectionals Advanced	M & W T & Th F Sat	7:30-9:00p 7:15-9:00p 5:45-8:00p 10:30-12:30p	\$245	\$305
High School	M - Th	5:15-6:15p	NA	\$160
Senior II	M & W T & Th Friday Sat	4:30-6:00p 4:15-5:45p 5:30-7:00a 8:00-10:00p	\$250	\$310

Senior and National	M,W,F M-Th Sat	5:30-7:00a 4:15-6:15p 8:00-10:00a	\$260 – S \$290 - N	\$320 – S
National only	F	4:15-6:15p		

**Dry Land:** Silver and Silver Adv. – M/W – 4:35-5:05p (Silver-Th 4:20) (Silver Adv. T 4:20)  
Gold and Gold Adv. – M/W – 5:20-6:00p Gold Adv. – Sat.-10:00-10:30a  
Sectional and Sect. Adv. – M/W – 6:50-7:20p and Sat.-10:00-10:30a  
Tue. 6:35-7:05p  
Senior II, Senior and Nat. – M,T,Th – 6:15-7:00p and Sat. 10:00-10:45a  
High School has Possible Dry Land at 6:15 if they want.