

Updated 2020 Preseason Schedule

Group	Time	
Intro I & II	M/W	3:10-3:55pm
Tech and Fit I & II	M/TH	3:55-4:55pm
Silver	M/W/F	2:20-3:05pm
Silver ADV	M/W/F	2:20-3:05pm
	TH	4:15-5pm
Gold	M/T/TH/F	2:35-3:50pm
Gold ADV	M-F	1-2:15pm
Sectionals	M-F	1-2:30pm
	S	9-11am
Sectionals ADV	M/T./TH/F	1-2:30pm
	W	1-3pm
	S	9-11am
High School	T/W	3:55-4:55pm
	F	3:10-4:10pm
Senior 2	T	2:20-4:20pm
	W	3:10-5pm
	TH	2:15-4:15pm
	S	9-11am

Senior	M/W	6-7:30am* / 1-3pm
	T/TH	1-3pm
	F	1-3pm
	S	9-11am
National	M/W/F	6-7:30am* / 1-3pm
	T/TH	1-3pm
	S	9-11am

*start at coach's discretion